

Nursery activities to support learning at home

Below are a range of cost effective activities to support your children with their learning and development. Most importantly their personal, social and emotional development is of utmost importance. Please continue to make sure that your children are feeling safe, happy and secure. Try and make the most of this time together. Enjoy the following activities and if you need any further help/support/guidance or ideas please email me and I will get back to you; kclifford@plumcroft.greenwich.sch.uk

Communication and language development:

- Listening walks: take your child for a walk or sit in your back garden or on your balcony-get them to close their eyes and listen to the different sounds around and discuss
- Animal/environmental Sound lotto's- these can be purchased through Amazon or alternatively there are some online- **EYFS sound games: videos-listening games-phase 1 phonics**
- Instruction games:
 - can you get your yellow car and put it in the blue box?
 - Simon says 'touch your toes'
- Tray game: selection of objects on a tray. Hide one. Which one is missing?
- Make musical instruments: empty bottles with selection of fillings i.e. rice, water, beads, pasta, sand. Use them to accompany songs, practice loud, quiet, fast, slow beats. Hide one and play- which one is it?
- Play with your child with the toys they have. Make up stories and dialogue, encouraging language, asking questions, becoming a character.

Physical development:

Gross motor

- Dance- play different types of music and encourage your children to move in different ways
- Skip, jump, climb, run, bounce, ride wheeled toys, push prams, balance
- Play with balls or any other objects that can develop the following skills- kicking, throwing, catching, rolling
- Put on own coat
- Practice getting dressed/undressed as independently as possible.

Fine motor

- Practice using a knife and fork
- Use scissors and glue to cut and stick

- Use different tools to make marks, draw and write such as pens, pencils and paintbrushes
- Practice holding your pencil correctly
- Fill bucket/pot with water, add a paint brush and let your child paint/mark make with water
- Practice doing own fastenings such as zips, buttons and show fastenings.
- Practice threading skills i.e. making necklaces out of pasta tubes and string
- Use different tools when helping to cook i.e. blunt knife, rolling pin, cutters
- Manipulate a range of malleable materials such as play doh, plasticine and salt doh.

Reading

- Oral blending: show children objects. Sound them out, using sounds of letters i.e. c-a-t- can children find the object?
- Oral segmenting: as above but children sounding out the word
There are demonstrations of this online- just google phase 2 oral blending
- Listen to alphabet songs **online Jolly phonics phase 2/ phonics 2 song on youtube**
- Begin to learn **the sounds** of letters in the alphabet
- Recognising own name/make own name out of magnetic letters, letters on card or foam letters in the bath.
- Looking and discussing words in the environment or on packaging. Make a word collage-cutting words from cereal boxes, wrappers etc
- Reading stories- talk to the children about what you are reading to them. What do you think will happen next? What do you think will happen at the end? Who are the characters? Ask questions using the openers why? Where? What? When? How?
- Encourage children to tell stories using pictures and make up their own stories.
Online-Debbie and friends story songs

Writing:

- Draw, paint and make marks using different media such as pen, pencil, paint
- Draw a picture/do some writing and tell adult what it says
- Practice writing name
- Practice writing the letters in the alphabet. You can even start copying some words.

Number:

- Count everything-objects, actions, sounds, stairs, pictures in books by rote and with one to one correspondence
- Play number games: puzzles, hopscotch, snap, dominoes (you can make these yourself) start with numbers 1-5, then extend to 10, then 15, then 20 etc
- Listen to, watch and sing number songs and stories

- Read number stories
- Read numbers in the environment- go on a number walk
- Practice combining 2 amounts and saying how many you have altogether, i.e. can you get me 2 bears, can you get me 3 more bears- how many bears are altogether?
- Practice taking an amount away from another and saying how many are left. For e.g. can you get me 5 grapes, can you eat 2. How many are left?

Shape and Space:

- Play shape games: puzzles, snap, dominoes (you can make these yourself)
- Listen to, watch and sing shape songs and stories
- Read shape stories
- Look at shapes in the environment- go on a shape walk
- Draw around and cut out shapes to make a shape picture
- Draw around a triangle, cut it out cut 2 small holes and put fingers through to make a puppet- draw a face. Do this with other shapes too.
- Use different construction to make models i.e. lego- talk about the different shapes you are using.

Knowledge and Understanding:

- Enjoy your time together- go for walks, play games, talk
- Look at photographs and discuss memories.
- Talk about change in a variety of contexts such as 'what can you do now that you couldn't when you were a baby? Or looking at material changes i.e. ice/chocolate melting
- Go to the woods/park- talk about nature and environment changes such as caterpillars turning into butterflies
- Make cakes/play doh/cook together
- Use ICT such as lap tops and tablets but use them together to complete educational programmes

Creative development:

- Listen to and make music-dance
- Make own musical instruments
- Role play- use things at home to create a shop or café. Play with your children to take on different roles encouraging them to use their imaginations and develop their language.
- Paint and draw
- Collage/junk modelling
- Play with toys-making up stories

