

You must keep in contact with school prior to any return

> If child shows any COVID-19 symptoms they cannot return to school unless they receive a NEGATIVE TEST Please keep the school informed

Child can attend school If you are contacted by NHS Test and Trace (and your child was with you during the contact with the COVID-19 person) you and your child must self-isolate for 14 days, even if either of you receive a negative test.

If your child was not with you when you had contact with the person who tested positive, your child can attend school as long as you do not develop symptoms.

If in doubt, you should always seek professional medical advice and not just rely on this flow-chart

## Useful Information:

The main symptoms of coronavirus (Covid-19) are:

• **a high temperature** – this means you feel hot to touch on your chest or back (you do not need to measure your temperature)

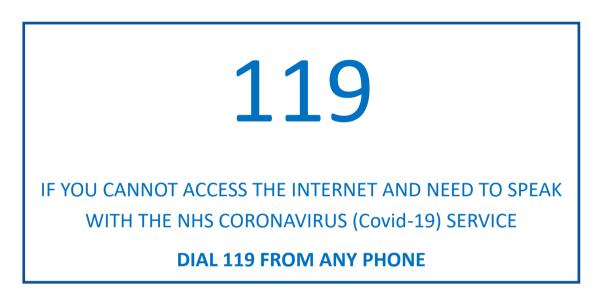
Note: If you do have a digital thermometer then the NHS defines a high temperature (fever) in <u>children</u> & <u>adults</u> as 38°C or higher. Please click on the links for more information and what to do in an emergency.

- **a new, continuous cough** this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)
- a loss or change to your sense of smell or taste this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal

## Most people with coronavirus have at least 1 of these symptoms

• to book a test online - Click here

For more information please visit the NHS website by <u>clicking here</u>.



I hope the Flow-Chart and the other information helps you feel more confident to make a decision about whether you need to book a test or if the symptoms don't meet the above criteria. Please remember, I am not a doctor and none of my staff are either. We can help but it is your responsibility to make the decision about symptoms. If in doubt, you should contact your GP for a medical opinion or call 119.

At the start of term and at this time of year, your child may just have a normal cold so they should be fine to come to school. If you think it is something else then you should contact your GP in the normal way or call 111. We then need you to follow the normal school procedures for illness.

Attendance last week was a brilliant 93% so the vast majority of all children have returned to school each day and they are all very happy. Let's keep it going so we can accelerate learning for all children.

Feel free to email me directly at <u>rslade@plumcroft.greenwich.sch.uk</u> if you have any questions or concerns.

## Regards

**Richard Slade**