



# PLUMCROFT

Times



This newsletter is full of wonderful work from some of the children at Plumcroft. We wanted to celebrate some of the great learning taking place at home and in school. The staff are extremely proud of all the Plumcroft children and their families, as everyone is doing a wonderful job in such uncertain and difficult circumstances. ENJOY!



## Anti-Racism at Plumcroft

A group of eighteen members of staff have been meeting regularly to improve the diversity of our curriculum content and resources. We aim to reflect on our lives and community and to uncover hidden histories. You can find an outline of our Anti-Racism content within our curriculum overview here:

<https://www.plumcroftprimary.co.uk/attachments/download.asp?file=441&type=pdf>

## Nature Walk Photography Project

We are launching our Nature Walk Photography Project and inviting all of our pupils to capture the wonderful nature and wildlife that they might find in and around their homes. With restrictions stopping us from travelling far, we would ask you to ensure that your daily exercise starts and ends at your front door. We are encouraging you to look and find beauty in the nature and wildlife close to home.

We would like to create a slideshow of our wonderful local area and the fantastic wildlife within it. Miss Ings has added an introduction video and pdf to the Whole School Activities section of our Video Learning Library. We have already had some fantastic contributions so far that include flowers, sunsets, bugs and birds. Please keep sending your photographs in.



Those of you waiting for a photo of Mr Plopper, the fox, might enjoy these footprints he left in the snow.

If you would like to submit a photograph please email your entry to [lings@plumcroft.greenwich.sch.uk](mailto:lings@plumcroft.greenwich.sch.uk) Please include the following details; name, class and a sentence or two about your photograph.

## What is YOUR Favourite Music?



Miss Nicol is waiting excitedly to find out about your favourite music! Help her find some great pop songs, rap tunes or ANYTHING else. Have a look at some of Miss Nicol's music assemblies here: <https://www.plumcroftprimary.co.uk/page/?title=Whole+School+Activities&pid=235>

Your choice of music will be made into a brand new music assembly video. Both children's and adult's choices are very welcome!

Contact Miss Nicol:  
[snicol@plumcroft.greenwich.sch.uk](mailto:snicol@plumcroft.greenwich.sch.uk)



## HAY Zoom Sessions!

The HAY Zoom sessions have been a wonderful success and we have received lots of positive feedback from children, parents and staff. We have had high engagement from our children each week and it is clear they are enjoying taking part in a mixture of activities with their friends and teachers.

## Mental Health Video and Wellbeing Information

In these difficult times, Plumcroft staff have been thinking about small feelings, big feelings and how we can all try to look after our mental health.

At the end of this newsletter there are some hints and tips on how to help your child during lockdown. And also on the Well Being Zone. Please take a look at our new mental health video here:

<https://www.plumcroftprimary.co.uk/page/?title=Whole+School+Activities&pid=235>



## Pup-date with Inca

Inca has been coming into school during lockdown and spending time with the children. She has really enjoyed playing in snow for the first time.



## Eco Council - By Polly and Finlay (Year 5)

We would like to start an Eco Council at Plumcroft. We would like Eco Council to be about helping the planet, but in a fun and entertaining way. We have been learning about global warming and climate change, and there are three particular subjects that we would like Eco Council to investigate: air pollution, plastic pollution and endangered animals. Every decade more and more animals are becoming extinct, so if there is a time to act, it's now

### Fun suggestions of how to do eco-friendly things:

- Create some new paper with used paper from your recycling bin.
- Plant a tree and decorate it with things like climate strike signs or paintings of endangered animals.
- You could find some plastic bottles or similar single-use plastic objects and make something new from them, like a bird feeder.
- Buy food with less or no packaging. Discuss with your adult.
- Grow fruit and veg at school/home.
- Go litter picking and help sort out the litter.



**Siberian Tiger**

We will write guides on how to do these things shortly and hopefully they will be shared in the "Video Learning Library" on the website.



# Home Learning

As part of their Survivor's Topic, Year 6 were asked to build a raft.



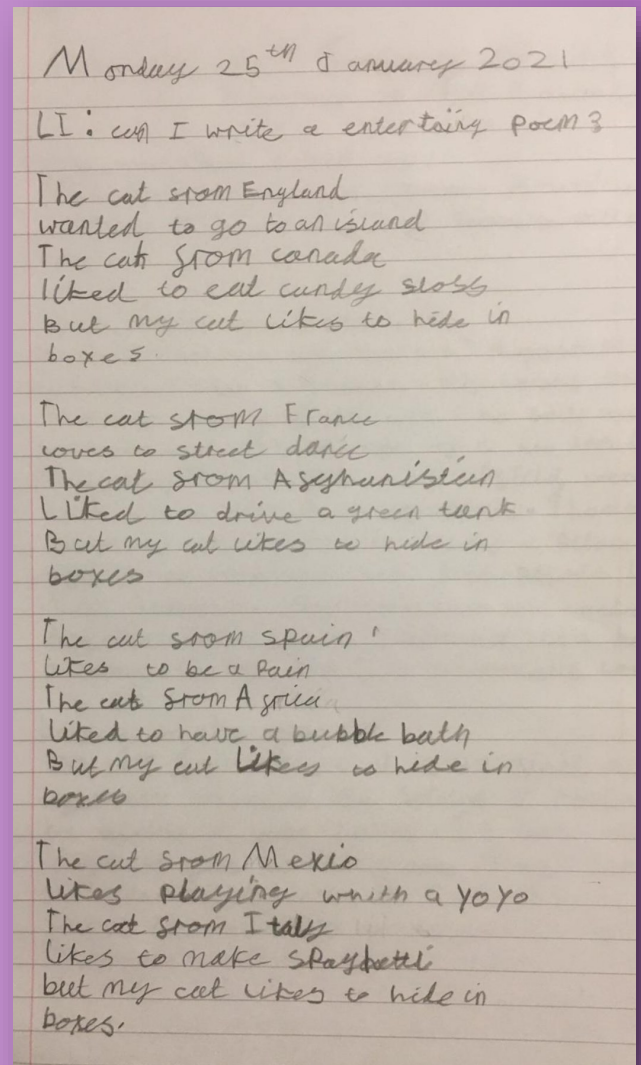
Belinda (6B)



Danni (6B)



Benjamin (4A) has created a detailed piece of artwork about deforestation.



Lucy (4H) has written an entertaining poem based on a book called 'My Cat Likes to Hide in Boxes'.



Mason (4S) has created a fabulous piece of work about Harriet Tubman.

# Home Learning

Year 5 have produced great pieces of descriptive writing for their Hero v Villain project.

## Starla- The creator of vivid imagination vs Viserion- The crusher of souls

It was time for 2 rivals to come head-to-head in what is seemingly their biggest battle yet. Starla, creator of vivid imagination and the world's strongest female warrior is going against Viserion, crusher of souls and consumer of light.

When Starla reached the battlefield, Viserion then arose from the darkness. Her shadowed horns were like 2 armed men, leaning over the frosty biome where they were fighting. Her long cloak, which reached down to her knees, was black, and symbolized her fate and her desire to rid all light. Viserion's outfit was...incognito and in the night just looked like she was almost invisible. But it was day. Starla still had a chance. She had to win before it got too dark.

Starla took a step forward and a deep breath. She knew that this would be her last chance to defeat Viserion once and for all. Starla then shot up into the air; with her crystal sceptre in her hand, Starla was feeling extremely confident. Viserion then began to float, and lightning struck behind her. The sky immediately turned grey. Starla used her crystal sceptre and struck a beam of light straight towards her foe. Her crystal sceptre was colourful, and the colours flowed around like loose DNA.

Viserion then lowered herself and her claws touched the ground. The goblin let out an evil laugh; Starla then realised that Viserion had a plan. Viserion just stood still, leaving Starla in confusion.

Minutes passed and dusk came. Viserion told Starla that it would be night in a few seconds and...it was! Starla still had the magic of the sceptre and so decided to use the magic. That made it so that Starla could still see Viserion's eyes in the dark. Starla knew that this was her enemy and flew over to Viserion. She was able to dodge, when her foe came towards her for an attack, by trying to knock her out. Starla then shot a sleeping bullet at Viserion, but Viserion deflected it with her cloak and the bullet came right back at Starla. Viserion and Starla both shot a beam at the same time and they exploded in the middle!

In the end, Starla approached Viserion and tackled her to the floor.  
"H....How?"

Starla then used her sceptre and shot a beam at Viserion one last time.  
"Be gone, Viserion," and the sceptre led Viserion into a black hole.

Thanks to Starla, after this showdown, Viserion was never seen again.



Isabelle (5HW) also created a clay model of her villain.

## The Final Rub

The stubby eraser approached the tall pencil - who was as thin as a dried up twig - without any fear or hesitation. The pencil was static, but every so often he would move one or two steps to show that he was still alert. Once they were roughly five strides away from each other, the eraser jumped out and rubbed out the nearest house. A second later the pencil had drawn it back. He erased the tall Christmas tree that was in the middle of the town. But the pencil drew it back and added some more decorations. The eraser was as angry as a lion about to attack its prey. The eraser ran all through the town rubbing out everything that came into his path, but the pencil was never that far behind, drawing it back the way it was.

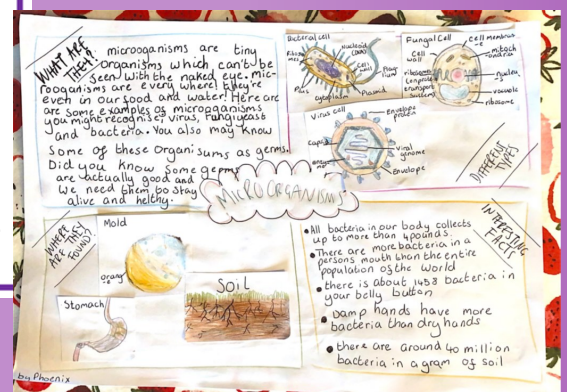
Delightedly, the pencil had noticed something; the rubber was getting stubbier and smaller and if it carried on erasing things, then it would soon run out and die. But so, would the pencil if it carried on drawing. So, the pencil stopped drawing things back the way they were and just stood there.

Unfortunately, the eraser was too busy to see what the pencil was doing and just carried on rubbing things out. By the time it did realise what the pencil was doing, it was too late. The eraser was as small as a flea! The pencil's plan had worked. The pencil drew a cage around the eraser. It could either stay in there forever or use the last few rubs on deleting the cage. While the eraser was deciding, the pencil drew back the town almost as if to torture the eraser.

A few minutes later the pencil came back as stubby as a tree stump, expecting the rubber to be gone. But it wasn't gone! The eraser was still there so the pencil drew something so spectacular, something the eraser would never expect.

The pencil drew another rubber! And not only that, but the rubber was also under the pencil's command. The pencil ordered the rubber to go and rub out the eraser so he did, but he missed! And instead, he rubbed out some of the cage! The rubber took another leap but missed again and another bit of the cage disappeared. The pencil could see what the eraser was doing, it was as sly as a fox. The pencil told the rubber to jump in the cage and rub out the eraser so he did and he was gone forever. The pencil could get back to his day.

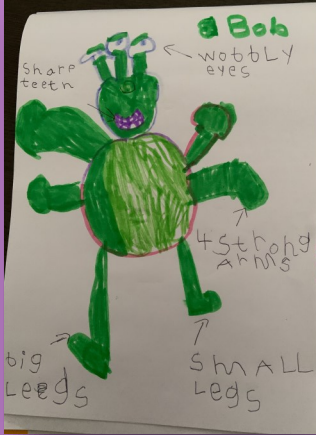
Phoenix (5HW) produced a lovely revision guide for her micro-organisms project.



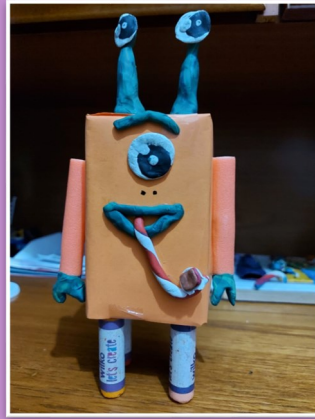


# Home Learning

Year 1 have been busy designing their own Aliens.



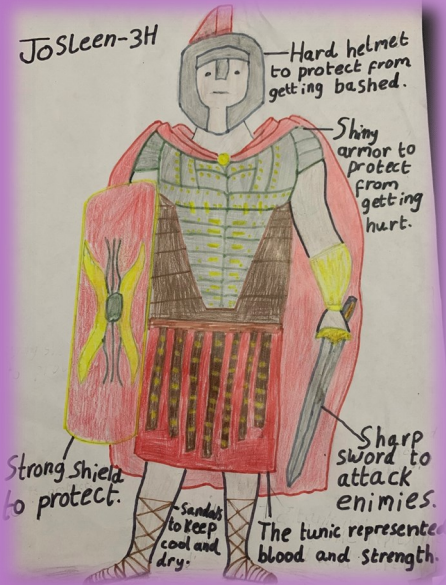
Ihsaan (1G) drew an alien  
(with labels!) called 'Bob'. Bob  
has three wobbly eyes,  
how cool is that?



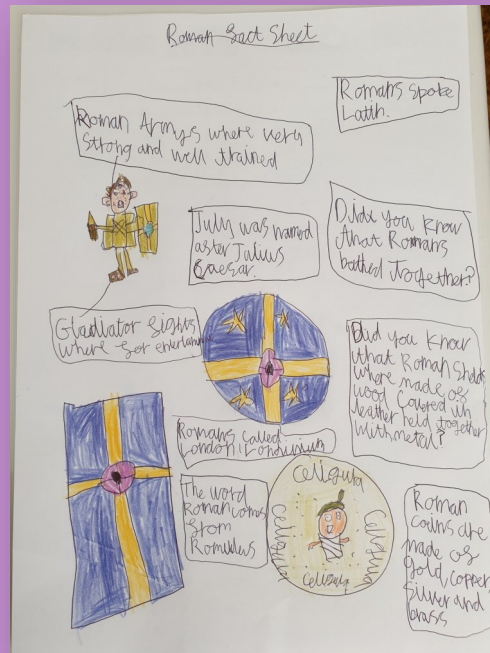
Jeroen (1C) created Oxy the alien. He has a candy cane tongue with sticky super glue on it so he can stretch and grab his food easily!



Jessie (1H) designed an alien family as part of our space topic! Blob changes colour and slides around to walk - totally out of this world!



Josleen  
(3H) has  
drawn and  
labelled a  
Roman  
Soldier.



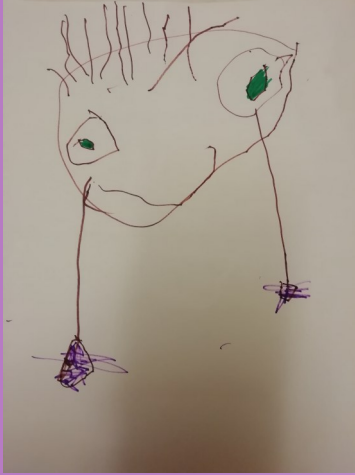
Henry (3A) has created an information sheet all about the Romans.



Alice (3MB) created a life sized collage of a Humpback Whale, as part of her myON project.

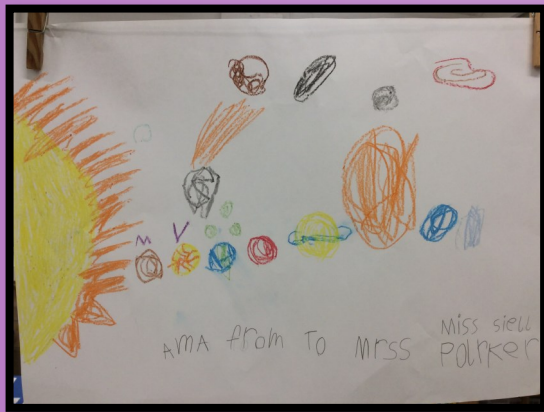


# Home Learning



My alien is called  
SPARKLE  
She is blue she has  
3 orange goggle eyes  
She has pompons and  
sparkles on her body  
Sparkle also has  
wobbly ears - green  
brown, orange  
SHE has a bracelet  
My alien wears pink  
yellow feathers

Nursery children have been deciding what each of the weekly projects will be, for both home and school. Maxwell wanted a project on 'Aliens' which everyone really enjoyed. The photos above show some fantastic pictures and writing.



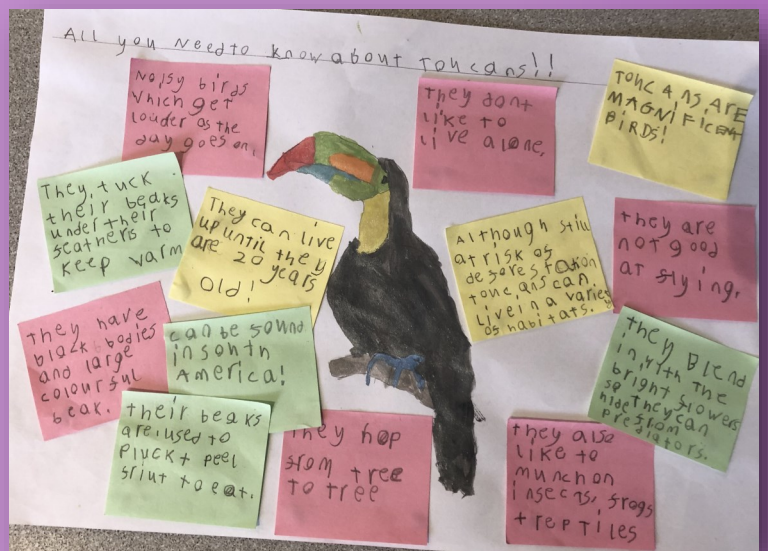
Ama (RSW) has drawn a picture of all the planets.



Summer (RP) has made a clock at home to help her begin reading the o'clock and half past times.



Hannah (2M) has made a tree model as part of her 'Seasons' myON project.



Emily F (2D) has created a fabulous factsheet about Toucans, as part of her habitats and adaptation learning.



## Learning at school

Our children in the Orchard provision have been working incredibly hard this week. Amongst other things, they have been practising their communication skills with the adults and other children in the group. They have joined in group games, 'helicopter stories,' and songs every day and the room has been filled with much laughter and enjoyment.



Year 1 children have been busy learning about space while in school! One of the books they read was 'Toys in Space'. The children created some wonderful peg doll toys as part of their topic.



Year 4 have been learning about Chinese New Year and have made Chinese Lanterns.



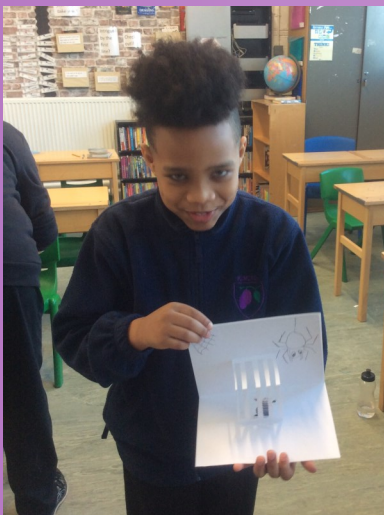
This is a superb display of some of the work Reception children at our Vincent Road site have been doing during lockdown.



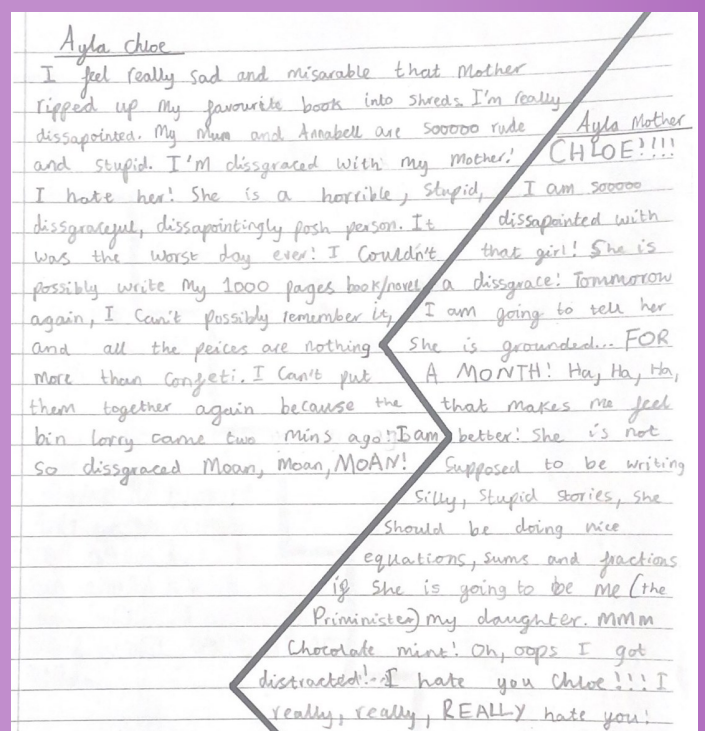
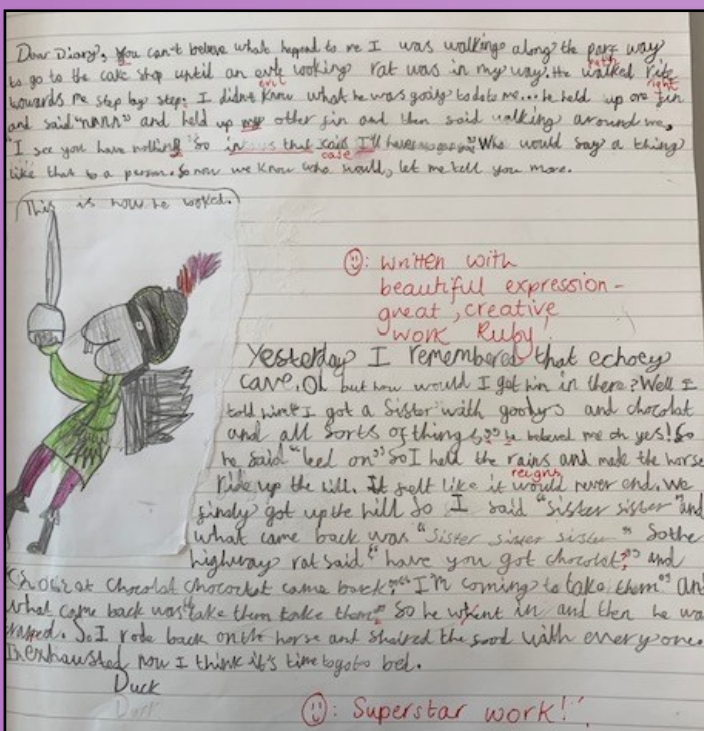
# Learning at school



Year 5 have been busy learning about the importance of healthy eating and created posters.



Year 6 have been making pop-up books. Above are pictures of Jerall (6JB), Jahziah (6LM) and Olivia (6H) who completed theirs in school during DT in the afternoon.



Year 2 have been studying the 'Highway Rat'. Ruby (2N) has written an amazing diary entry.

Year 3 have been reading Mr Stink, by David Walliams. Ayla (3A) has written a detailed split narrative as Chloe and her mother.



# Fun activities to do at home during half term...



## Road Safety Puzzles

At the end of the newsletter, there are three road safety puzzles aimed at Years 1 & 2, Years 3 & 4 and Years 5 & 6 to try at home. It is a great opportunity to discuss road safety and how to keep yourself safe whilst out and about.

Once you have completed the puzzle, please email it to your class teacher.

## Why not check out a virtual tour?

There are lots of choose from if you click on this link:

<https://www.familydaystriedandtested.com/free-virtual-tours-of-world-museums-educational-sites-galleries-for-children/>

Below are 4 suggested virtual tours...

**Chester Zoo's virtual zoo days** - <https://www.chesterzoo.org/virtual-zoo-2/>

**Queensland's Barrier Reef** , which has a new children's microsite with games - <https://www.barrierreef.org/kids>

**National History Museum** - <https://www.nhm.ac.uk/visit/virtual-museum.html>

**NASA Mission Operations Room** - <https://www.nasa.gov/content/goddard/hubble-360-degree-virtual-tour>



## Goodbye and Good Luck

We would like to wish Mr Greenwald good luck. He is leaving Plumcroft, to continue his career at a new school. 'Good luck' to Ms Harris and Ms Zeinab, who will both be going on maternity leave in the next few weeks. We can't wait to meet the babies and look forward to seeing you on your return.

## Welcome Back

We would like to welcome back Ms McGrath, who will be teaching 1G at VR and Ms Goodman, who will be teaching 3H at PL.



## Second Hand Uniform - Watch this Space !

After half term we will be selling second hand uniform. This will be done via an email address and will be managed by Paula Shujah. Look out for information on this after the break. If you have any spare uniform that you think is in good enough condition to sell, please let the school office know.

We hope you have a lovely half term. Remember your child can still dip into the learning platforms during half term if they wish. They aren't being set new work for the half term break. The teachers will be back in contact as usual after the half term holiday.

Stay safe and have fun!

# 8 WAYS TO HELP CHILDREN STRUGGLING DURING LOCKDOWN

1



## Know how to spot the signs

If you notice your child is becoming withdrawn, that there's been a change in sleeping or eating habits, if they seem to lack confidence or get upset, it might be a sign they're struggling.



2

## Talk to your child

If you spot signs your child might be struggling, it's important to talk to them. Keep talking and trying to communicate in any way you can – hugging, listening to them, texting them.



3

## Create structure and routine

Try introducing a rota or loose timetable that includes fun things you're doing during the week. This can help to create a feeling of stability, which can alleviate anxiety.



4

## Give children a sense of control through information

Look online with your children to find useful information and resources that help children feel they have control.





# 8 WAYS TO HELP CHILDREN STRUGGLING DURING LOCKDOWN

5

## Keep children learning



Using fun and creative ways at home to learn alongside continued access to educational opportunities will support your children's development.



6

## Limit screen time and mix up activities



As most socialising moves online, it's important to have conversations on how an increase in screen time can have an impact on everyone's mental health and self-esteem.



7

## Help your child manage stress



If you spot signs your child might be struggling, it's important to talk to them. Keep talking and trying to communicate in any way you can – hugging, listening to them, texting them, etc.



8

## Expressing feelings doesn't have to be face-to-face



Children might find it easier writing their thoughts down, so the whole family could do this and put them in a 'feelings box' and then talk about their good, sad or difficult feelings at the end of the day.



# waytoGO!

Have fun with these puzzles about staying safe near roads

Never cross a road without the help of an adult (or an older brother or sister if they're allowed to look after you).

## walk in the park!

Help this boy choose the right path to get to the park!



a

b

c



Can you help this boy scooter through the maze? Make sure you avoid all the cars!

Scotering is fun and speedy but WATCH OUT for others using the pavement. Also, look out for cars that may need to cross the pavement to go into a drive.



How many road signs can you count below?

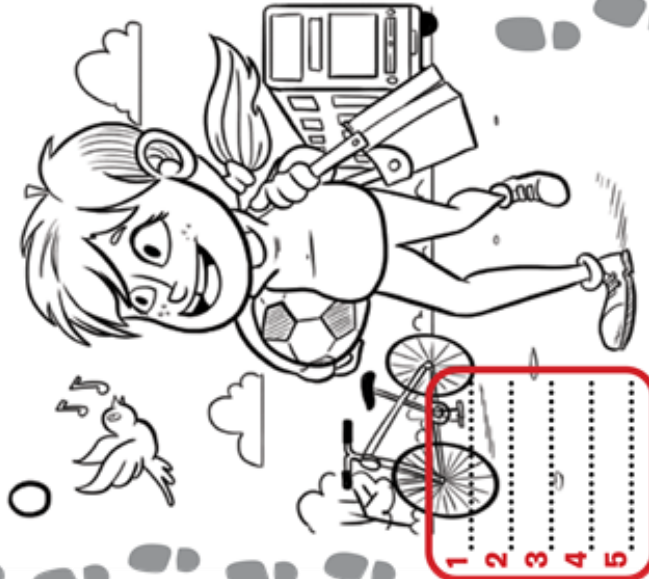


How many footprints can you find on this page?

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## SPLASH OF COLOUR!

Give this image a splash of colour. Spot the **five** items beginning with the letter **B!**



1 .....  
2 .....  
3 .....  
4 .....  
5 .....



Scot  
Hoat

Walk in the park! Answer b. Splash of colour Bike, Ball, Bus, Bag, Bird. Crazy counting! There are 13 signs (made up of: No cycling - 4, No pedestrians - 5, Zebra crossing - 4). How many footprints on the page? Answer 19.



# Get Ahead!

Have fun with these puzzles about staying safe near roads

## Pedal pairs

Only two of these six cycles are identical.

Can you spot the pair?



## Quick step!

It takes most people about 20 minutes to walk a mile. But race-walkers can do it in less than 7 minutes!

## Word play!

Can you work out the answer to each of these clues? The letters in the circles will spell something you must always be.

- 1 It may be a double decker —○—
- 2 Watch for cars when near this —○—
- 3 A jam found on roads! —○—
- 4 Two wheeled transport you ride —○—

The letters in the circles spell .....

Walk this way! Follow the four children's footsteps to see who takes the correct route to the park.



## Road codes

Use the code to work out the street-smart words below. The squares in the answers spell something you should always do.

Code	1	2	3	4	5	6
☆ A	⊗	⊗	⊗	⊗	⊗	⊗
⊗ B	⊗	⊗	⊗	⊗	⊗	⊗
⊗ C	⊗	⊗	⊗	⊗	⊗	⊗
⊗ E	⊗	⊗	⊗	⊗	⊗	⊗
⊗ F	⊗	⊗	⊗	⊗	⊗	⊗
⊗ I	⊗	⊗	⊗	⊗	⊗	⊗
⊗ K	⊗	⊗	⊗	⊗	⊗	⊗
⊗ L	⊗	⊗	⊗	⊗	⊗	⊗
⊗ N	⊗	⊗	⊗	⊗	⊗	⊗
⊗ O	⊗	⊗	⊗	⊗	⊗	⊗
⊗ P	⊗	⊗	⊗	⊗	⊗	⊗
⊗ R	⊗	⊗	⊗	⊗	⊗	⊗
⊗ S	⊗	⊗	⊗	⊗	⊗	⊗
⊗ T	⊗	⊗	⊗	⊗	⊗	⊗

The answer is: .....

## Lights... action!

When it's dark, the law says you must use a front light, a red back light and a red reflector at the back. You can also get lights to go elsewhere on your bike - and even on your helmet and clothes!



## ANSWERS

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Pedal Pairs Answer b and f are identical. Walk this way! Mimi takes the best route. Word play! Bus, Road, Traffic, Bike; the highlighted letters spell SAFE. Road codes 1. Bike 2. Street 3. Stop 4. Safe 5. Scooter 6. Listen; the answer is Be Seen!

# Good to Go!

Have fun with these puzzles about staying safe near roads

## IT'S A SIGN!

Can you match the road signs to the correct meanings? Remember triangles are a **warning** and red circles mean **don't do something**.



The answer is \_\_\_\_\_ The answer is \_\_\_\_\_ The answer is \_\_\_\_\_ The answer is \_\_\_\_\_ The answer is \_\_\_\_\_

### THE MEANINGS ARE:

- A) Two-way traffic
- B) No entry for vehicles
- C) No pedestrians
- D) Zebra crossing ahead
- E) No cycling

Can you unravel the headphones to put your phone away before you go anywhere near roads?

## EAR EAR!



**JOKE!**  
When is a bike not a bike?  
When it turns into a driveway!

# ROAD TEST

Find the street smart words in the grid. They read forwards, backwards, up, down and diagonally. The leftover letters spell a wheely great lesson!



When you're crossing a road by bike or on foot, look right at drivers and try to "catch" their eye. If they make eye contact, you know they've seen you.

S	T	H	G	I	L	B	N	H	N
E	A	I	K	B	C	O	A	N	
E	T	F	E	I	L	A	I	T	A
N	E	K	E	K	O	R	T	J	V
E	M	L	A	E	T	S	N	A	T
C	L	A	B	S	H	I	E	C	H
I	E	W	E	Y	E	L	T	K	G
L	H	D	I	T	S	Y	T	E	I
O	E	A	L	E	R	T	A	T	R
P	C	O	L	O	U	R	S	U	B

- ALERT
- ATTENTION
- BIKE
- BRIGHT
- BUS
- CARS
- CLOTHES
- COLOUR
- EYE
- HAT (TWICE!)
- HELMET
- JACKET
- LIGHTS
- PEDESTRIAN
- POLICE
- SAFE
- SEEN
- VAN
- WALK

**Road Test** The leftover letters spell **BIKEABILITY**

It's a sign! 1D, 2E, 3A, 4B, 5C, 6A, 7E, 8C, 9A, 10C, 11A, 12C, 13A, 14C, 15A, 16C, 17A, 18C, 19A, 20C, 21A, 22C, 23A, 24C, 25A, 26C, 27A, 28C, 29A, 30C, 31A, 32C, 33A, 34C, 35A, 36C, 37A, 38C, 39A, 40C, 41A, 42C, 43A, 44C, 45A, 46C, 47A, 48C, 49A, 50C, 51A, 52C, 53A, 54C, 55A, 56C, 57A, 58C, 59A, 60C, 61A, 62C, 63A, 64C, 65A, 66C, 67A, 68C, 69A, 70C, 71A, 72C, 73A, 74C, 75A, 76C, 77A, 78C, 79A, 80C, 81A, 82C, 83A, 84C, 85A, 86C, 87A, 88C, 89A, 90C, 91A, 92C, 93A, 94C, 95A, 96C, 97A, 98C, 99A, 100C, 101A, 102C, 103A, 104C, 105A, 106C, 107A, 108C, 109A, 110C, 111A, 112C, 113A, 114C, 115A, 116C, 117A, 118C, 119A, 120C, 121A, 122C, 123A, 124C, 125A, 126C, 127A, 128C, 129A, 130C, 131A, 132C, 133A, 134C, 135A, 136C, 137A, 138C, 139A, 140C, 141A, 142C, 143A, 144C, 145A, 146C, 147A, 148C, 149A, 150C, 151A, 152C, 153A, 154C, 155A, 156C, 157A, 158C, 159A, 160C, 161A, 162C, 163A, 164C, 165A, 166C, 167A, 168C, 169A, 170C, 171A, 172C, 173A, 174C, 175A, 176C, 177A, 178C, 179A, 180C, 181A, 182C, 183A, 184C, 185A, 186C, 187A, 188C, 189A, 190C, 191A, 192C, 193A, 194C, 195A, 196C, 197A, 198C, 199A, 200C, 201A, 202C, 203A, 204C, 205A, 206C, 207A, 208C, 209A, 210C, 211A, 212C, 213A, 214C, 215A, 216C, 217A, 218C, 219A, 220C, 221A, 222C, 223A, 224C, 225A, 226C, 227A, 228C, 229A, 230C, 231A, 232C, 233A, 234C, 235A, 236C, 237A, 238C, 239A, 240C, 241A, 242C, 243A, 244C, 245A, 246C, 247A, 248C, 249A, 250C, 251A, 252C, 253A, 254C, 255A, 256C, 257A, 258C, 259A, 260C, 261A, 262C, 263A, 264C, 265A, 266C, 267A, 268C, 269A, 270C, 271A, 272C, 273A, 274C, 275A, 276C, 277A, 278C, 279A, 280C, 281A, 282C, 283A, 284C, 285A, 286C, 287A, 288C, 289A, 290C, 291A, 292C, 293A, 294C, 295A, 296C, 297A, 298C, 299A, 300C, 301A, 302C, 303A, 304C, 305A, 306C, 307A, 308C, 309A, 310C, 311A, 312C, 313A, 314C, 315A, 316C, 317A, 318C, 319A, 320C, 321A, 322C, 323A, 324C, 325A, 326C, 327A, 328C, 329A, 330C, 331A, 332C, 333A, 334C, 335A, 336C, 337A, 338C, 339A, 340C, 341A, 342C, 343A, 344C, 345A, 346C, 347A, 348C, 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